

# Marie Kondo's Order for *tidying up*

## overview

The KonMari method has two basic components 1) discarding and 2) deciding where to store things.

### The Discarding Process

- 1) Sort by category, not by room
- 2) Make it an event ...a marathon
- 3) Put all of the category items in one pile on the floor before you start to discard
- 4) Focus more on the things you want to keep vs. trying to get rid of stuff
- 5) Only keep items that "spark joy" forget all other criteria!
- 6) Address each category in the following order:



### 1. Clothes

- \* tops
- \* bottoms
- \* clothes that should be hung
- \* socks
- \* underwear
- \* bags
- \* accessories
- \* clothes for specific events e.g. swimsuits
- \* shoes



### 2. Books

- \* General – books you read for pleasure
- \* References – cookbooks, and other guides
- \* Visual – coffee books, photograph collections
- \* Magazines

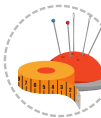


### 3. Papers

Sort all papers at once in no particular order. Include credit card statements, newspapers, old warranties, old checkbooks, and user manuals. For the papers you must keep, sort into the following 3 categories.

- \* Currently in use
- \* Needed for a limited period of time
- \* Must be kept indefinitely

Note: exclude sentimental papers, e.g. kids art drawings, personal letters from a loved one until step 5.



### 4. Miscellaneous

- \* CDs, DVDs
- \* Toiletries
- \* Makeup
- \* Accessories
- \* Valuables (passports, credit cards)
- \* Electrical equipment and appliances
- \* Household equipment (stationery, sewing kits ...)
- \* Kitchen goods/food supplies
- \* Other



### 5. Sentimental Things – old love letters, kids art work, and lastly photos

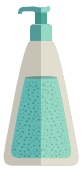
*"keep only those things that  
speak to your heart, then  
take the plunge and discard  
all the rest."  
marie kondo*

*–the life-changing magic of tidying up*

# 10 Ways Marie Kondo

## *uses shoe boxes*

Marie Kondo shares in her book "The Life Changing Magic of Tidying Up", that shoe boxes are one of her favorite storage containers. She mentions the following 10 things she stores in these boxes. She prefers vertical storage, so, where possible, store things upright instead of in a pile.



1. Bottles of Shampoo and Conditioner

2. Socks



3. Stockings

4. Detergents



5. Household Cleaning Items

6. Garbage Bags



7. Cloths

8. Cake Pans

9. Pie Plates



10. Baking Pans

Once filled, decorative boxes can then be stored on shelves in your cupboard, pantry, or closet.